

## The 5 Pillars of Pam's Legacy

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*Sixtyfive Roses: A Sister's Memoir*

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### We can't control life by being afraid of it.

So often we make our decisions from a place of fear. Fear separates us from our abilities. It does not protect us, nor will it alter an outcome. Being afraid is natural, but acting out of fear is not the same as using your survival instincts. When we choose to move forward despite our fear, our abilities are empowered, our faith is restored, and our hopes are renewed.

### The only true power we have is the power to choose our response to what life sets before us.

We are not defined by our circumstances, but by our possibilities. When we cannot change what life sets before us, we are challenged to change ourselves. AT any given moment we can choose despair or hope, revenge or forgiveness, fear or faith. The choice is *always* ours to make, and therein lies our power.

### There is joy to be found in each day.

If we are open to seeing it, each day offers us a gift that can inspire us to smile with our hearts. Each of us holds the power to seek joy or create it for ourselves and those around us. No matter what difficulties or challenges we face, our greatest joys are often found through the small and quiet moments in our lives.

### Know the difference between giving up and surrender.

Giving up is an act of anger or despair. It implies there's still some fight left, some unfinished business to complete. Surrender is a release, a letting go. There is peace and contentment in knowing there is nothing more to give, or receive. Surrender can only be accomplished with love.

NEVER GIVE UP!

Become a Warrior on behalf of your own life!